

Training Catalogue

Process
Quality
Engineering

April 2026





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01. Objectives and Approach

Training is a key pillar in any project that involves a change in the way of working.

For an **improvement project** to be successful, it must always rely on the 3Ps triangle (Processes–Products–People).

At PROQUA, we do not overlook people, which is why we have designed a training catalogue aimed at facilitating that change management process and supporting the implementation of specific practices.

One of the greatest difficulties that arise when aligning with any reference model is moving from the theoretical level (What has to be done?) set by the reference model to the practical level (How can I do it?)

At PROQUA, we conceive Training from a practical perspective, in which we aim to resolve these questions and guide their solution in the most effective and efficient way, taking into account the specific characteristics of each organization.

We develop content, materials, dynamics, simulations, and design specific case studies tailored to each client organization.



02. Delivery Modes

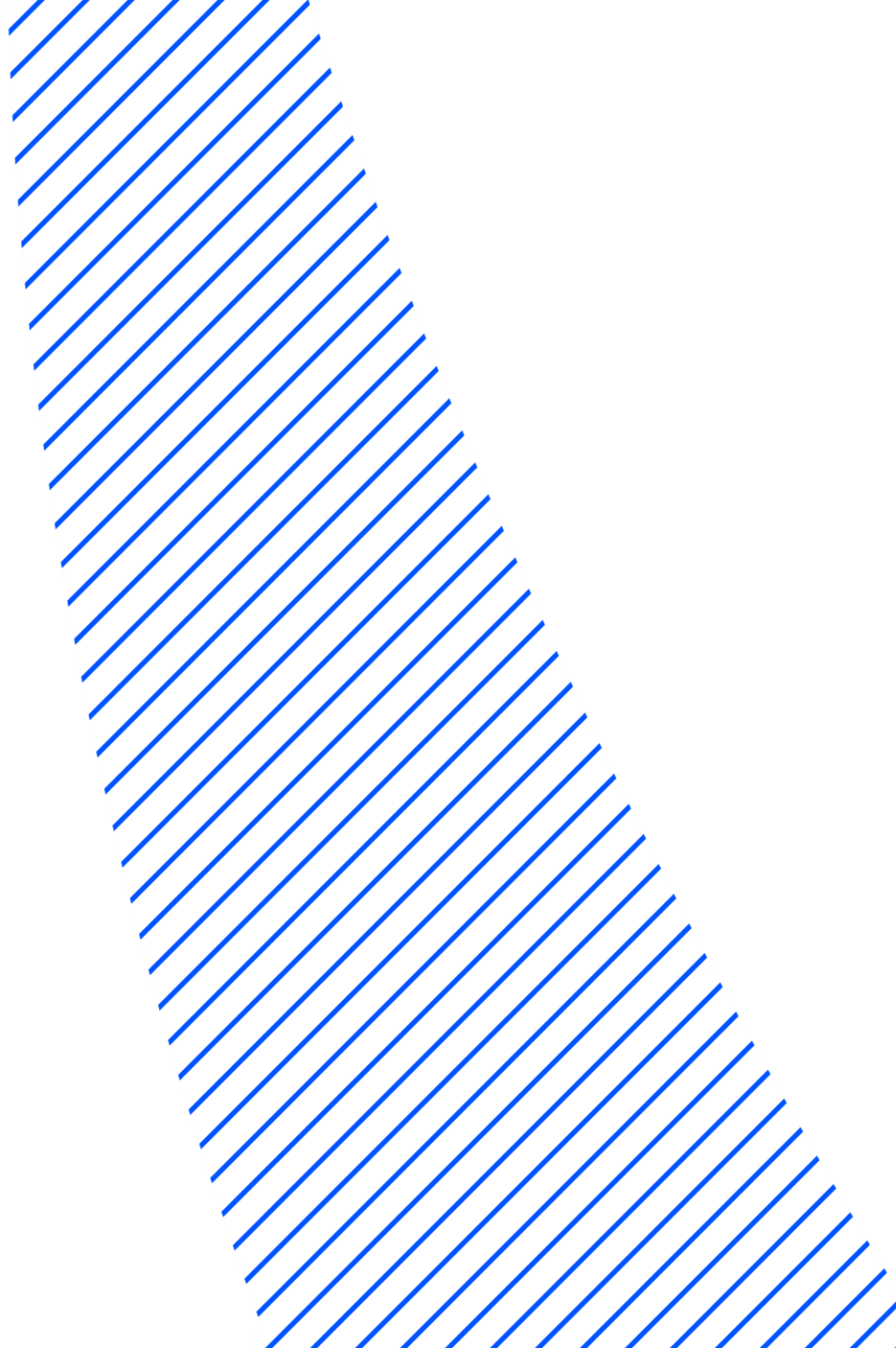
Our training is delivered in two formats, as **catalogue** or **in-company**.

Any of our training programs can be delivered in an in-company format tailored to the needs of a specific client.

We orient training to workplace needs and on-the-job performance.



03. Available Formats



The format of our training activities will depend on their objectives, the target audience and the approach required by our clients:

Practical Workshops

Courses

Seminars

Talks, Colloquia, Debates, Round Tables

Conferences, Lectures

Corporate Master's Program

04. Training Programs



CMMI



TARGETED AT

- Service Managers
- Project Managers
- Systems Analysts

CONTENTS

- Building Organizational Capability
- High Maturity Concepts

Agile project management



TARGETED AT

- Managers and senior staff
- Client-side Leads
- Service or Project Managers
- Analysts and Developers
- Testing Leads

CONTENTS

- Scrum Framework
- Kanban Methodology
- Crystal Methodology
- eXtremme Programming

Project management and leadership



TARGETED AT

- Managers and senior staff
- Service or Project Managers

CONTENTS

- Projects and Programs Management Models
- Main and supporting Processes
- Reference Frameworks: PMBok, Prince 2, PM2

Security



TARGETED AT

- Service Managers
- Project Managers
- Systems Analysts

CONTENTS

- ISO/IEC 27000 Family
- Spanish National Security Framework (ENS)
- General Data Protection Regulation (GDPR)
- OWASP

Development methodologies



TARGETED AT

- Managers and senior staff
- Service or Project Managers
- Analysts and Developers
- Testing Leads

CONTENTS

- Agile Methodologies: SCRUM, Kanban, Crystal
- Traditional Development Methodologies: Métrica V3, PU
- Hybrid Models

Systems modeling



TARGETED AT

- Analysts and Developers
- Systems Architects
- Testing Leads

CONTENTS

- Processes, Data and Events Modeling
- UML

Testing



TARGETED AT

- Analysts and Developers
- Systems Architects
- Testing Leads

CONTENTS

- Testin Management
- Testing Methodologies
- Test Cases Design Techniques (White Box, Black Box)
- Reference Frameworks (TMAP, TMMi, ISO 29119, IEE 829)

Estimation techniques



TARGETED AT

- Service Managers
- Project Managers
- Systems Analysts

CONTENTS

- Estimation Models
- Function Points FPA y MKII
- Use Cases Points
- Story Points
- Estimation by Consensus (Delphi, Planning Poker)

05. Training Follow-up

Training Follow-up

We provide Training Planning
and Talent Management
services



Monitoring of Training Plans
and Their Development



We carry out evaluation of the
delivery of training activities



Evaluation of effectiveness and
transfer of knowledge to the
workplace



Doubts,
Questions
and Comments



Process
Quality
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Thank you!

